  
Sacrament Prep – God’s Gift-Intermediate  
Learning goals for this year

**Bible & Scripture**

* Understands that sacraments are scripture based
* Understands the story of the Last Supper

**Creed – What we believe**

* Understands the two liturgies of Mass: Liturgy of the Word, Liturgy of the Eucharist
* Understands Christ’s presence in the Eucharist, and it’s home the Tabernacle

**Mass & Sacraments – How we celebrate**

* Understands the sacrament of, and learns the steps to the Rite of Reconciliation
* Understands the sacrament of, and learns the steps to receiving Holy Communion
* Understands sacraments in the Mass; Act of Contrition, and celebration of the Eucharist
* Understands why we kneel and genuflect at Mass and before the Tabernacle

**Values – How we live**

* Understands the gift of grace
* Demonstrates Christian values in words and actions

**Prayer – How we pray**

* Can make, and recite the words to, the Sign of the Cross
* Can recite the Glory Be, Hail Mary prayer, Our Father prayers
* Learns the Act of Contrition prayer

*Guidelines provided by the Rockford Catholic Diocese. Learn more at* [*https://www.ceorockford.org/religious-educationyouth-ministry/*](https://www.ceorockford.org/religious-educationyouth-ministry/)  
Sacrament Prep – God’s Gift-Intermediate  
Lesson focus by month

**FIRST RECONCILIATION**

**First Reconciliation Retreat**   
Saturday 11/18 9:00am – 11:00am

**First Reconciliation Service**   
Saturday 12/9 9:30am – 11:00am

**SEPTEMBER: God’s Promises**

* Chapter 1 – Saving Grace
* Chapter 5 – Jesus Forgives Us

**OCTOBER: Forgiveness & Healing**

* Chapter 6 – Jesus Heals Us

**NOVEMBER: A Matter of Conscience**

* Chapter 7 – Holy Spirit Guides Us

**DECEMBER: Returning to God**

* Chapter 8 – God Is By Our Side

**FIRST COMMUNION**

**First Communion Retreat**   
Saturday 3/9 9:00am – 11:00am

**First Communion Mass**   
Saturday 4/27 10:30am - noon

**JANUARY: Sacrifice AND Blessing**

* Chapter 11 – We Offer Gifts

**FEBRUARY: Real Presence**

* Chapter 12 – Christ’s Passover

**MARCH: We Receive**

* Chapter 13 – Holy Communion Strengthens Us

**APRIL: We Serve Others**

* Chapter 14 – Called To Love

**Please complete these lessons at home with your child(ren).** The student workbook includes lesson materials, and supplemental resources*.* Your folder contains lesson plans, study guides and chapter assessments. And **be sure to return chapter assessment by the end of each month.**

*NOTE: Chapters omitted from this syllabus are useful to formation, but are already part of your child’s grade level program. They are not required for our intermediate sacrament program.*

**St. John Neumann – Youth Faith Formation**  
God’s Gift – Sacrament Preparation GR3-5