  
1st Grade   
Learning goals for this year

**Bible & Scripture**

* Can tell the stories of Christmas and Easter,
* Can identify stories of Jesus’ miracles and parables
* Can recite simple scripture verse

**Creed – What we believe**

* Understands the three persons of the Trinity: Father, Son, and Holy Spirit

**Mass & Sacraments – How we celebrate**

* Understands what Baptism is, and its role as the first sacrament
* Understands the basic concepts of going to Mass, and how we celebrate (sing, pray, listen)
* Understands the purpose of (and difference between) Advent and Christmas and Lent and Easter

**Values – How we live**

* Understands that sin is an intentional act of making wrong choices
* Understands the process of sin and forgiveness
* Demonstrates basic understanding Christian values; as used in words and actions

**Prayer – How we pray**

* Can make, and recite the words to, the Sign of the Cross
* Can recite the Glory Be and Angel of God prayers
* Learns before and after meal prayers
* Learns the Hail Mary prayer
* Learns the Our Father prayer

*Guidelines provided by the Rockford Catholic Diocese. Learn more at* [*https://www.ceorockford.org/religious-educationyouth-ministry/*](https://www.ceorockford.org/religious-educationyouth-ministry/)  
1st Grade – A Family of Faith  
Lesson focus by month

**SEPTEMBER: Getting Started**

*Bible & Scripture*

* Bible basics
* Jesus the Christ
* Parables that Jesus told

**OCTOBER: Getting to Heaven**

*Journey with Jesus  
Saint: Margaret Mary Alacoque  
Saint: All Saints & Communion of Saints*

* Heaven is Our Final Destination
* God’s Plan For Us
* Signs & Symbols & Saints

**NOVEMBER: Grace and Holiness**

*God’s gift of free will  
Saint: Martin De Porres*

* Making choices
* Sanctifying Grace
* Liturgical Year

**DECEMBER: Christian Values**

*Living a moral life  
Saint: Lucy*

* Cardinal and Theological Virtues
* Advent and Christmas

**JANUARY: God and Church**

*We are children of God  
Saint: Elizabeth Ann Seton*

* First Three Commandments
* Fourth Commandment and Domestic Church
* The Great Commandment

**FEBRUARY: God’s Laws**

*Living faithful to the truth  
Saint: Paul Miki and Companions*

* Fifth and Sixth Commandments
* Ash Wednesday and Lent
* Seventh through Tenth Commandments

**MARCH: Acts of Kindness**

*What it means to be happy  
Saint: Katherine Drexel*

* Corporal and Spiritual Works of Mercy
* A New Commandment
* First through Fourth Beatitudes

**APRIL: Christ and Community**

*Our mission in the world  
Saint: Mark*

* Easter and Pentacost
* Fifth Through Eighth Beatitudes
* Social Justice and Christian Discipleship

**St. John Neumann – Youth Faith Formation**  
A Family of Faith – Volume 3: Life in Christ  
 *A Family of Faith: Catechesis for the Whole Family at* [*https://sophiainstituteforteachers.org/familyoffaithvol3supplements*](https://sophiainstituteforteachers.org/familyoffaithvol3supplements)