

# 10 early signs

## and symptoms of Alzheimer's

Identifying Alzheimer's early is vital to the long-term management of the disease. If you or someone you know is experiencing any of these signs, please consult with your doctor.

1. Memory loss that disrupts daily life
2. Challenges in planning or solving problems
3. Difficulty completing familiar tasks at home, at work or at leisure
4. Confusion with time or place
5. Trouble understanding visual images and spatial relationships
6. New problems with words in speaking or writing
7. Misplacing things and losing the ability to retrace steps
8. Decreased or poor judgment
9. Withdrawal from work or social activities
10. Changes in mood and personality

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